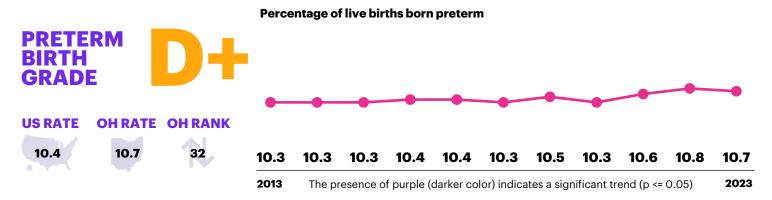
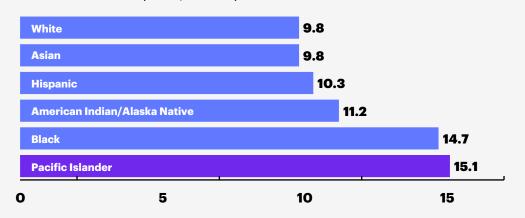
# 2024 MARCH OF DIMES REPORT CARD OHIO

## The preterm birth rate in Ohio was 10.7% in 2023, lower than the rate in 2022



# The preterm birth rate among babies born to Pacific Islander birthing people is 1.3x higher than the rate among all other babies

Preterm birth rate by race/ethnicity, 2021-2023



## DISPARITY 1.19

This data is intended to highlight disparities in outcomes related to race/ethnicity and should serve as a starting point for discussions about addressing systemic racism and inequality.

**Note:** The disparity ratio is a summary measure of the gap between the racial/ethnic group with the lowest rate of preterm birth compared to all others. A value closer to 1 is most desirable, with 1 indicating no disparity. The United States preterm birth disparity ratio is 1.29.

## Chronic health conditions make people more likely to have a preterm birth

The tiles display the 2023 preterm birth rate for babies born to birthing people with each chronic condition (in blue) and percentage of all births exposed to each condition (in parentheses).





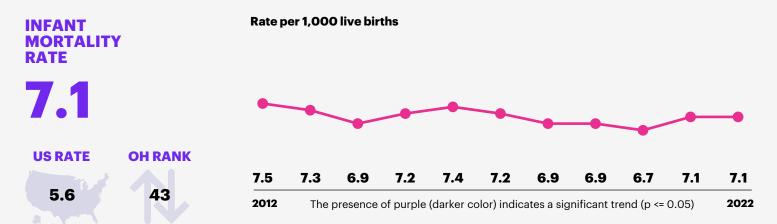




**Note:** More than one condition can occur at the same time. All conditions occur prior to pregnancy. US preterm birth rates for birthing people with each condition are as follows: smoking: 15.5%; hypertension: 23.3%; unhealthy weight: 12.3%; and diabetes: 28.8%.

Source: National Center for Health Statistics, Natality data, 2013-2023.

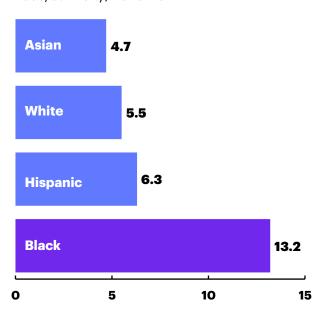
# The infant mortality rate decreased in the last decade; In 2022, 912 babies died before their first birthday



## The infant mortality rate among babies born to Black birthing people is 1.9x the state rate

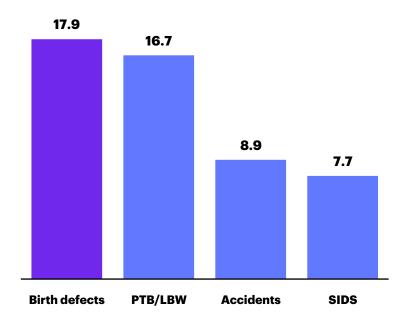
## **Infant mortality rate**

Rate per 1,000 live births by maternal race/ethnicity, 2020-2022



## **Leading causes of infant death**

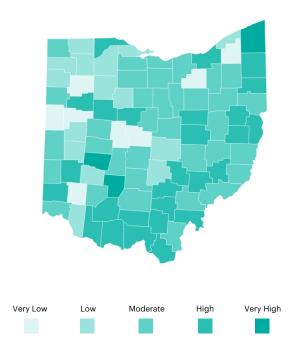
Percent of total deaths by underlying cause, 2020-2022



**Notes:** PI = Pacific Islander; AIAN = American Indian/Alaska Native; PTB/LBW = preterm birth and low birth weight; SIDS = sudden infant death syndrome. Other causes account for 48.8% of infant deaths.

Source: National Center for Health Statistics, Period Linked Birth/Infant Death data, 2012-2022.

## **Maternal Vulnerability Index by county**



# The Maternal Vulnerability Index is used to understand where and why birthing people may be more likely to have poor health outcomes

Birthing people in Ohio are most vulnerable to poor outcomes due to the following factors:



Mental health and substance use



Physical health

**Source:** Surgo Health, Maternal Vulnerability Index (MVI), 2024. https://mvi.surgoventures.org/

# Exposure to extreme heat or air pollution can increase the risk of poor maternal and infant health outcomes, including preterm birth

Community and individual risk mitigation efforts can help reduce the risk of exposure to extreme heat and poor air quality.

Birthing people can check their local heat risk and air quality at: http://www.cdc.gov/heatrisk

**20** DAYS



#### **EXTREME HEAT**

This shows the average number of days in the year that birthing people were at risk for exposure to extreme heat.

6 DAYS



#### **POOR AIR QUALITY**

This shows the average number of days in the year that birthing people were at risk for exposure to poor air quality.

**Source:** Centers for Disease Control and Prevention National Environmental Public Health Tracking Network, Historical Temperature and Heat Index, 2023; Environmental Protection Agency, Air Quality Statistics by County, 2023. See technical notes for more details.

# The measures below are important indicators for how Ohio is supporting the health of birthing people

**24.5** 

**PER 100,000 BIRTHS** 

**MATERNAL MORTALITY** 

This shows the death rate of birthing people

childbirth that occur during the pregnancy or

within 6 weeks after the pregnancy ends.

from complications of pregnancy or

23.2

25.7

26.6

14.7

15.7

This shows Cesarean births for firsttime moms, carrying a single baby, positioned head-first, and at least 37

**LOW-RISK CESAREAN BIRTH** 

## INADEQUATE PRENATAL CARE

Percentage of birthing people who initiated care in the fifth month or later or less than 50% of the appropriate number of visits for the infant's gestational age.

Source: National Center for Health Statistics, Mortality data, 2018-2022. National Center for Health Statistics, Natality data, 2023.

weeks pregnant.

# Adoption of the following policies and sufficient funding in Ohio is critical to improve and sustain maternal and infant healthcare



State has adopted 1 of 4 supportive midwifery policies.

State has adopted policies that support the growth and sustainability of the midwifery workforce.



INDEPENDENT PRACTICE



**PAY PARITY** 



PRESCRIPTIVE AUTHORITY



LICENSURE FOR CERTIFIED MIDWIVES



#### **MEDICAID EXTENSION**

State has extended coverage for women to one year postpartum.



#### **MEDICAID EXPANSION**

State has adopted this policy, which allows greater access to preventative care.



#### **MENTAL HEALTH**

State Medicaid program requires and reimburses for postpartum mental health screening at well-child visits.



#### **DOULA REIMBURSEMENT**

State Medicaid agency is actively reimbursing doula care.



### **PAID FAMILY LEAVE**

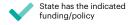
State has required employers to provide a paid option while out on parental leave.



#### **COMMITMENT TO PREVENTION**

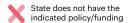
State has a CDC funded maternal mortality review committee and reviews fetal and infant deaths.

Legend





State reimburses up to \$1,500



This table is a summary of report card measures.

Refer to each individual section for more info on each measure.

	Preterm birth	Preterm disparity ratio	Infant mortality	Maternal mortality	Low-risk Cesarean	Adequate PNC
Measure	10.7%	1.19	7.1 deaths per 10K births	24.5 deaths per 100K births	25.7%	79.5%
Rank	32nd of 52	6th of 47	43rd of 52	22nd of 40	26th of 52	18th of 52
Direction from prior year	Improved	Improved	Worsened	Worsened	Improved	No change
HP2030 Target	9.4%	1.00	5.0 deaths per 10k births	15.7 deaths per 100K births	23.6%	80.5%

**Note:** All policies were assessed on October 15, 2024. Adequate PNC measure differs from inadequate PNC. Adequate is presented here to align with Healthy People 2030 target. Ranks are determined for all states with available data with 1 being the best.