



PRINTABLE SUPPLY CHECKLIST

It doesn't matter the severe weather – being prepared will give you peace of mind when you need it most.

Use this printable checklist to help you prepare for whatever storm season sends your way.

EMERGENCY COMMUNICATION:

- Important contacts for family, school, work, doctors. Include phone numbers and email addresses
- Cell phones, extra battery and chargers
- AM/FM radio/NOAA weather radio & extra batteries

MEDICAL NEEDS:

- Medications and copies of prescriptions
- Extra eyeglasses and contact lenses
- Medical equipment/assistive technology and backup batteries
- First aid kit

CRITICAL DOCUMENTS:

- Photo ID (driver's license, passport)
- Cash and credit cards
- Personal records (birth certificates, marriage certificates)
- Medical records
- Financial information (bank account or credit card information)
- Property records (insurance policies, deed, or lease)
- Waterproof, portable container for important documents

TOOLS & SAFETY ITEMS:

- Flashlight
- Multi-tool
- Matches or lighter in waterproof container
- Local Map
- Fire Extinguisher
- Bag of sand or non-clumping cat litter
- Shovel

FOOD/SUPPLIES

- 3-day supply of non-perishable food; if possible stock for a week or more for sheltering
- 3-day supply of water (1 gallon per person per day), if possible stock for a week or more
- Infant formula and diapers
- Pet food, supplies, and extra water

HYGIENE & SANITATION:

- Soap/disinfectant/sanitizer
- Paper towels/moist towelettes
- Toilet paper
- Bleach
- Toothbrush and toothpaste



PROTECTIVE GEAR & CLOTHING:

- Extra warm clothes
- Sturdy shoes
- Blankets or sleeping bags (sleeping bags should be labeled for low temperatures)
- Snow gear including gloves

CAR EMERGENCY SUPPLY KIT:

- Cell phone charger
- First aid kit
- Jumper cables
- Flares
- Whistle
- Water, snacks
- Full tank of gas
- Flashlight
- Tow rope
- Boots, mittens, warm clothes
- Blanket
- Shovel
- Ice scraper, snow brush
- Snow traction mats and bags of sand or cat litter
- Tire chains or snow tires

COMFORT & PRICELESS ITEMS:

- Items like: books, puzzles, favorite toys, photo albums, valuables